



CARLISLE TRI

Carlisle Triathlon

Sunday 1st August 2010
Morton School, Wigton Road, Carlisle, Cumbria.
Registration 10am to Noon – Start 12:30pm
Swim 500m – Cycle 20Km – Run 5Km

Entry Form

First Name _____ Surname _____

Address _____

Town _____ Postcode _____

Phone _____ Email _____

Gender: - Male Female (please tick) - Date of Birth _____

B.T.F. Licence No _____ Club _____

Do you have any Medical Issues? Yes No (please tick)

If so, please give details

Emergency Contact Name & Phone No on race day _____

Entry Fees (please tick) Make Cheques payable to: **Carlisle Tri Club**

- £20 B.T.F. Licence Holder - £23 Non B.T.F. Holder (includes day licence)
- £30 Relay Teams B.T.F. Licence Holder - £33 Relay Teams Non B.T.F. Holder (includes day licence)

In order to allow seeding of the swimming heats please could you indicate the approximate time you expect to complete the 500m Swim – Minutes _____ Seconds _____

Post entries to: - Carlisle Triathlon, 10 Rudchester Close, Sandsfield Park, Carlisle, CA2 7XL

Race information will be published on www.carlisle-tri.co.uk - All enquires to briana@talktalk.net

I accept this event is run under British Triathlon rules and conditions and I agree to acquaint myself with and abide by those rules and any organisers instructions. I understand that it is the competitor's responsibility to navigate the course and that it is my own sole responsibility to safeguard such clothing and equipment as I may use. I know of no physical or medical impediment that would render my participation in this event undesirable. I understand and agree that I participate in this event at my own risk and that no liability whatsoever shall attach to the event organiser, the race referees or any person involved in the event organisation, for any injury, accidents, fatality, illness, loss or damage suffered by me in, or by reason of the event, however such may be caused. I understand that it is my own sole responsibility to obey the Highway Code at all times during the course of the event. I understand fully that taking part in events on the public highway is not without risk and the organisers, whilst taking reasonable steps to reduce risk, cannot guarantee my safety - Declaration (must be signed)

Signed.....Date.....

If under 18 Parent/Guardian to sign (Min age 16).....